



# Brownie Hiker Badge



## BADGE SUMMARY

Girl Scouts love to sing hiking songs, pack fun and tasty snacks, and hunt for sounds of animals and birds. Here's what you need to know to become a Brownie hiker - get ready for adventure!

1. Decide where to go
2. Try out a hiking skill
3. Pick the right gear
4. Pack a snack for energy
5. Go on your hike!

**REQUIREMENTS/ STEPS COVERED DURING TRNERR PROGRAM:** Steps 2, 3, 5  
All steps can be self-guided by the troop leader or other adult in your troop.

**LIMITATIONS:** please stay on designated trails, remember all things are protected here so please leave what you find

**TYPES OF TOURS AVAILABLE:** self-guided, but please call to let us know you are coming. TRNERR staff can be available to help with your hike upon request to boost your confidence and/or outdoor skills.

**LENGTH OF VISIT:** approximately 1½ hours

**GROUP SIZE:** maximum 15 scouts (or 30 if self-guiding) with *SafetyWise* adult to scout ratio

## ADVANCE PREPARATION BY LEADER

Get Up and Go Outdoors:

[http://thinmint.sdgirlscouts.org/files/program/outdoors/Get\\_Up\\_and\\_Go\\_Outside.pdf](http://thinmint.sdgirlscouts.org/files/program/outdoors/Get_Up_and_Go_Outside.pdf)

Step 1 - Decide where to go

- TRNERR education or visitor services staff can make some trail recommendations for you to choose from.

Step 2 - Try out a hiking skill.

REVIEW "leave no trace" principles with your girls at one of your meetings.

- We will go over these field manners before starting our hike.
- Review *Get Up and Go Outside* for ideas (Page 3).

Step 3 - Pick the right gear.

REVIEW the 10 Essentials + 2 with your girls at one of your meetings.

- We will quiz the girls on the 10 Essentials while on our hike but the girls should already have some or all these things with them in a backpack.
- Review *Get Up and Go Outside* for ideas (Page 4).

Step 4 - Leader will provide healthy trail snack or trail mix.



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### OPTIONAL STEPS THAT CAN BE SELF-GUIDED ON-SITE

All steps can be self-guided for this badge, but please call to let us know you are coming or if you need any advice. We also recommend that at least a few people in the group carry binoculars for bird-watching opportunities.

FOLLOW-UP STEPS TO COMPLETE THE BADGE AFTER YOUR VISIT: None